



Girls Lacrosse

Rules and Regulations:

1. The Lancaster-Lebanon League will follow the written rules of United States Lacrosse (USL).
2. The number of contests will comply with the current PIAA guidelines, which sets a limit of 18 contests and 2 scrimmages. Each team will play every school in the league once for a total of 11 league games.
3. All teams must practice one (1) week prior to the first scrimmage and three (3) weeks prior to the first game.
4. Varsity games will be played followed by the JV game, except in night contests where the JV game will be played followed by the varsity game.
5. If a game must be postponed due to inclement weather it should be rescheduled for the next available play date.
6. If a team cannot field a JV team, they must notify their opponents as soon as possible.
7. The league schedule will be designed and distributed by the league sports chairman.
8. Approved start times: 4:00/4:15 pm varsity / 5:30 pm JV or 5:30 pm JV / 7:00 pm varsity.
9. Varsity game shall consist of two halves; 25 minutes in duration. JV game shall consist of 2 halves; 20 minutes in duration. Halftime will be 10 minutes in duration for both.
10. Lacrosse game is official when 40 minutes has been completed. If this length is not completed, the game must be replayed in its entirety.
11. Mercy Rule: If a team is leading by 10 or more goals, the clock will continue to run after goals (no stop clock). If the difference becomes less than 10 goals, the stop clock is reinstated.
12. Overtime: In case of a tie during regular season games the varsity game will play one (1) 6 minute (teams change ends after three minutes, with no delay for coaching) sudden victory OT period. If the score is still tied after the six minutes the final result of the game will be a tie. JV games will not play OT periods. During league play-off games a tie will be broken using the procedure of the USL Women's rulebook.
13. Reporting Game Results: Home team is responsible for reporting game results to the local media. Game results should also be reported to the league chairman so an accurate league standing can be calculated.

Playoffs (Championship Structure):

1. There will be a Lancaster-Lebanon League section champion declared for the team earning the best overall league record. The top four (4) teams in the league will be involved in a two (2) round single elimination playoff for the league championship.
2. Teams will be seeded for the playoffs based on their overall league record. In case of a tie for the top four (4) positions the following criteria will be used to break the tie and determine seeding:
 - a) Head to head competition.
 - b) Results against the teams immediately above / below at the end of the regular season.
 - c) District III power rating following the last league contest.
3. The league playoffs will be hosted by schools with turf fields. The boys' and girls' league championship game will be played at the same location in back-to-back games with game times of 5:00 and 7:00 whenever possible. On even years, the girls' championship game will be played at 5:00 game and the boys will be played at 7:00 game.

On odd years, the boys will play the 5:00 game and the girls will play the 7:00 game. The home team will provide the official scorekeeper and the site will provide a timer / clock operator.

Playoff structure will be:

- Seed # 2 vs. Seed #3 (Seed 2 will be the home team).
- Seed #1 vs. Seed #4 (Seed 1 will be the home team).
- The Lancaster-Lebanon League championship team will be awarded a team trophy.

District Playoff Qualifications:

- The Lancaster -Lebanon League does NOT have any automatic bids into district playoffs.
- District playoffs will be completely based on the District III Power Rating system.

Last Updated: October 12, 2016